1. What is a **controlled component**?

A controlled component is a form element where the form data is managed by React instead of the dom.

1. Why did we prevent the default behavior for a submit event (when the Button is clicked in the Question component)?

When a button is used inside a form element, the default behavior of the button is to send the data to do the action attribute or reload the page. React is a single page application so we do not want to reload the page.